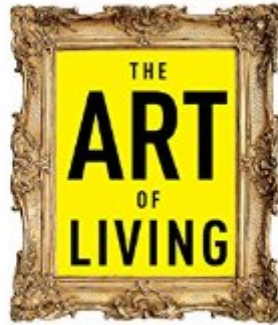


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# The Art Of Living

RecordedBooks

Lessons In Leading a Fulfilling Life and Career  
From America's Greatest Prosperity Teacher



**BOB PROCTOR**  
WITH SANDRA GALLAGHER  
NARRATED BY L.J. GANER



## Synopsis

In Stella Adler's *The Art of Acting*, her seminal work on the performing arts, transcripts from Adler's acting classes were lovingly transformed into a readable volume. In the same vein, *The Art of Living* presents transcripts from legendary business speaker and mentor Bob Proctor's most popular workshop - *Matrixx* - and brings this wisdom to a wider audience in book form. With this audiobook, the listener will become a student of Bob Proctor as he teaches lessons and presents jewels of wisdom on living an extraordinary life. Listeners will marvel at Proctor's miraculous way of disseminating his decades of business wisdom into easy-to-understand parables and learn lessons on what our creative faculties are and how to use them, why we need to unlearn most of the false beliefs we've been indoctrinated with our whole lives, and how our intellects have the ability not only to put us ahead in life but also to be our biggest detriment.

## Book Information

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## Customer Reviews

35 years ago I began to study Bob Proctor. There isn't a human being on this planet who has had a great influence on my success than him. Period. He knows more about success than anyone and he can show you how to create success in your life with total ease. He's the best. He's the master and everyone should be listening to him, studying with him and reading everything he has ever produced. I love *The Art of Living* as it is similar to being in the seminar room with Bob. And, if you have been in a seminar room with Bob, you will feel his energy come off the pages. Bob Proctor wants for you what you want for you. He's on your side. He can be your best friend and give you

only loving, inspiring and result-oriented advice. You can read this book in easy digestible chunks. Grab a couple of copies and keep them around the house. Put one on your night table to feed your mind before you drift off into sleep. Put another copy in your family room or living room to pick up and enjoy in the morning with your coffee. And, if you have someone in your life, you can do them a favour and get them a copy too. I am loving this book more than any of Bob's other books (and they are all great too). Highly recommended!

Mr. Proctor rambles quite a bit, which is understandable since this is taken from a series of talks he's given. His logic can be circular (i.e. you will find success if you are successful), but there are still solid tidbits of truth here.

I absolutely love Bob Proctor's teachings. Like many, I got to know him from the movie, *The Secret*. I actually read the book before I saw the movie. This book actually has a very conversational tone to it like he is speaking directly to you which is probably because most (if not all) of the book's material was taken from his seminars. Fascinating stuff and he really drives home the major points on being successful in all areas including of course, wealth. From personal experience Bob has helped me grow my income exponentially in less than a year just by absorbing his teachings, watching his numerous YouTube videos and seeing a live stream of his Think and Grow Rich seminar. Since that seminar, 2 months ago, I have quadrupled my income! This stuff works. I read this book in 3 days; it was that good. Let his teachings change your life like its changed mine!

Ok, I have been reading, watching, and have attended two Bob Proctor seminars the last 15 years. I love the man's ideas and I consider him one of the most important mentors in my life. However, please read his other materials, watch his videos (you tube has many) and absorb his DVDs. I cannot say enough about how great his material is... now, off to this book. It should not be your only experience with Proctor because you are missing so much. I hate to beat around the bush and if you read this review this far you can tell it kills me to say I didn't like the book too much. Bob is amazing but spend your time with his biggest payoff ideas, his other materials. Thank you

My whole life I've been kind of unhappy below the surface and not sure why I never seem to succeed at the things I'd really like to succeed at... Bob Proctor is very good at helping people see what they don't see. This book has helped me truly see why I've been unhappy. Why I'm not living the life I'd like to be living. I couldn't recommend this book any higher. It's not five stars, it's TEN

STARS. Buy it. Read it. Every. Single. Day.

This was a great read! What I appreciated about this book is that Bob gave some more information about his journey from earning \$4,000 to \$1,000,000 back in the 1960s. Bob was candid about some of the challenges he had to overcome and I felt inspired that I can earn 7 figures too just as he did and does repeatedly. Of all the personal development teachers I have studied over the years, Bob possess the greatest depth of understanding when it comes to how the mind works.

I recently had the honor of interviewing Bob Proctor for our Inspire Nation Show about the Art of Living and was thrilled by what he delivered! He is on a mission to help you become a better person, and the Art of Living does a fantastic job at helping you on your way. What I liked most was that it wasn't just about getting rich, though it'll certainly help. But it's about being a better human being in every aspect of your life. Of course I love how he clarified things he mentioned in the secret, and how the Law of Attraction is really secondary to the Law of Vibration! And what in the world that means for us. Bob is truly a master, and the last remaining direct line of teachers from Andrew Carnegie, Napoleon Hill and Earl Nightingale. I can't recommend it enough, to me it's a must-read, and re-read, and re-re-read book. What a primer for life!

I love Bob Proctor and I really got a lot of good, practical information from this book. It is written in the format of being at one of his seminars and I found that to be helpful to me as I could listen to what others ask and how they respond at certain points and it always seemed to coincide with something I was thinking as well. When this book came into my life, it was at a low point as I was grieving the loss of a family member and it was difficult for me to elevate my vibration level. This book helped immensely. I do recommend it.

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